## ENDS AND TRENDS WITH KIM AND KAREN



**Karen's Fashion Tip:** Everyday, after work, I find myself shaking my head. My shoes usually take a beating after walking around all day. Usually the brunt of the damage is done while I'm driving.

Yes, my right shoe is often the victim of the driver's heel. It's a permanent stain where the back of my shoe hits the floor mat of my car. And, there are some options on how to handle a situation like this.

- Find a shoe repair shop. Yes, a cobbler can lessen the effects of this on a pair of shoes you adore so much but it's got to be worth the extra investment on saving the shoes.
- 2) Wear a different pair of shoes when you drive. It's always a consideration if you really love your shoes and don't want to suffer from that dreaded driver's heel.
- 3) **Invest in a guard for your heel.** Believe it or not, there are products out there that claim to shield your heel from the dirt and harmful effects of your shoe rubbing the floor mat. You can find these heel guards and protectors in local stores and on the internet.
- 4) **Accept that it happens.** Yup, it happens to everyone! So, don't worry. We won't judge you if we see your driver's heel because, most likely, we have it. too!